

## DIRECTIONS FOR USE

**ART. S7028**

### ANKLE SUPPORT ADJUSTABLE

- Minimizes risk of future injuries as well as strains, sprains and instability. Provides compression to weak or overstressed ankle.
- Contour design and adjustable velcro fasteners ensure comfortable fit and stabilization during activities. Provides easy application and maximum support.
- Aeroprene material provides shock absorption, dynamic compression and better breathability to the injured ankle during prolonged use.
- Open toe and heel design ensure full range of movement.
- Universal size (one size fits most).
- Fits both left and right feet.

Ankle support provides additional support and compression during sporting and recreational activities. It helps to reduce excessive plantarflexion as well as inversion and eversion of the ankle associated with ligamentous injuries and instability of the ankle.

Fixing and compressive effects, which are provided by ankle joint support, favour fast healing of affected ligaments and prevent from repeated joint traumatizing.

It provides fixation and compression of the talocrural joint. It can be used for treatment of traumas of the joint, arthrosis, arthritis, sprain of ligaments, at rehabilitation stage after plaster removal.

- It is recommended in case of weak or unstable ankles, sprains, strains and twisting injuries.
- It prevents habitual dislocation or traumas during sport exercises.
- Ensures comfortable support and compression to increase circulation, relieve pain, improve healing and maintain flexibility.
- Anatomical shape with open heel is more comfortable for everyday use
- Breathable neoprene abates pain due to warming and micro-massage action
- Relieves pain due to strains or stiffness.
- Helps ankle to heal faster after the injury.

#### Contraindications:

Skin local diseases, individual intolerance of the raw material components.

Dimensions	Sizes	Max deviation
	UNIVERSAL SIZE	
Ankle-joint circumference, cm	16 - 31	± 1,0 cm

#### How to get it on:

for right leg



for left leg



#### Maintenance:

Wash with mild detergents at temperature no higher +35°C. Don't rub or wring out during washing and rinsing. Dry up away from sources of heat. Don't iron. Don't bleach. (Don't use chlorine-containing bleaching detergents). Don't use dry-cleaning.

#### Precautions:

Use the product for its intended purpose only. The schedule or time of wearing can be changed upon your doctor's advice only. It is not recommended to wear the product within 30 minutes after application of local warming ointments.

**Contents:** cotton - 15%, aeroprene - 60%, polyester - 20%, latex - 5%.

**Storage conditions:** store in dry place at temperature from +5°C to +40°C. Keep away from direct sun rays.

**Manufacturing date:** see on packaging.

**Size:** universal size.

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