



# **DIRECTIONS FOR USE**

**ART. S8322** 

### TENNIS / GOLF ELBOW BRACE FIXATIVE

- Treatment and prevention of lateral (tennis elbow) and medial (golf elbow) epicondylitis.
- The pad redistributes bandage compression from the prominent epicondyles to the surrounding soft tissues and provides massaging effect.
- The inner layer made of soft cotton fabric for comfort.
- Relieves pain of strained muscles in forearm during activities.
- Excellent fixation and compression due to additional non-stretching strap with velcro fastener.
- · Simple design, comfortable for wearing without assistance.
- · Universal size (one size fits most).
- Fits both left and right arms

Tennis/Golf Elbow Brace is specifically designed to help provide dynamic compression and support to the forearm muscles and elbow tendon complex. It reduces vibration, stress and strain at the medial and lateral elbow stabilizing and softening the flexor and extensor muscles in the

The vibration dampening pad helps ensures additional protection and support during occupational and sporting activities. It is useful in cases of tennis or golfer's elbow, reducing tendon irritation and overuse

The elbow brace fixes arm flexor and extensor tendons, redistributes the weight from lateral and medial humeral epicondyles to tendons.

#### Contraindications:

Skin local diseases, individual intolerance of the raw material components.

Dimensions	Sizes	Max deviation
	UNIVERSAL SIZE	
Elbow circumference, cm	21 - 34	± 1,0 cm

#### How to get it on:

### for right hand















#### Maintenance:

Wash with mild detergents at temperature no higher +35°C. Don't rub or wring out during washing and rinsing. Dry up away from sources of heat. Don't iron. Don't bleach. (Don't use chlorine-containing bleaching detergents). Don't use dry-cleaning.

## Precautions:

Use the product for its intended purpose only. The schedule or time of wearing can be changed upon your doctor's advice only. It is not recommended to wear the product within 30 minutes after application of local warming ointments.

Contents: cotton - 15%, aeroprene - 65%, polyester - 20%, plastic buckle.

Storage conditions: store in dry place at temperature from +5°C to +40°C. Keep away from direct sun rays

Manufacturing date: see on packaging.

Size: universal size

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